



reproductive  
health  
access  
project

The Family Medicine Reproductive Health Network  
Enewsletter

A project of the  
Reproductive Health Access Project (RHAP)

## March 2011 E-newsletter

**Dear Colleagues,**

The Family Medicine Reproductive Health Network is growing! We hope you can join us at one of the meetings described below.

### **Network Meetings**

The Network will be convening at both the Annual NAF meeting and at the Annual STFM meeting. The Network meeting for those attending the April NAF conference will be held on Sunday after the NAF Welcome Reception in Linda Prine's suite at a hotel just a couple of blocks from the NAF hotel. Please contact [Susan Yanow](mailto:susan@susanyanow.com) [susan@susanyanow.com](mailto:susan@susanyanow.com), if you plan to attend NAF so that we can get details to you.

STFM is meeting in New Orleans from April 27-May 1. The Network will convene a meeting on Friday, April 29 at 5:45PM in a room at the conference hotel under Linda Prine's name for discussion over wine and cheese before we go out to explore New Orleans for dinner. Please [RSVP](#) to Susan if you will be attending.

We look forward to seeing you at one or both of these Networking meetings!

### **Survey of Graduating Residents**

We are refining our annual survey of graduating residents, and will be contacting you soon for help in getting the survey to your third year residents. We got 128 responses in 2010, and 75 respondents asked RHAP for support in finding a mentor, integrating abortion into their practices, getting more training, and/or getting involved in advocacy work. With your help, we hope for an even larger response this year!

With help from outside researchers, we are compiling survey responses from the last four years to identify ways to increase support for graduates and identify ways to make their training even more useful. We will share these results as soon as they are available. Any questions? Email [Rosann Mariappuram](mailto:rosann@reproductiveaccess.org), [rosann@reproductiveaccess.org](mailto:rosann@reproductiveaccess.org)

## Policy Update

The ongoing debate about health care reform continues to leave women's health needs out of the equation. Therefore, RHAP is calling for a national campaign to remind clinicians to address the reproductive health needs of women at every opportunity by asking "One Key Question." The "question" is "***Do you intend to become pregnant in the coming year?***" Initiated by Helen Bellanca and the Oregon Foundation for Reproductive Health, the question opens the door to important conversations about contraception, safe sex practices, abortion, and pre-natal care in a non-judgmental framework. To raise awareness about this campaign and the critical importance of reproductive health, RHAP will bring resolutions to the APHA and AAFP meetings. Network members in several states are introducing policy initiatives to their AAFP chapters to promote "One Key Question" as a routine part of office visits for women of reproductive age. Please let us know if you can bring this resolution to your state chapter!

Other policies that have been submitted to the AAFP, with writing support from RHEDI, are regulating Crisis Pregnancy Centers and ensuring contraceptive access in federally funded community health centers. Please [email us](#) if you are interested in submitting these policies through your state AAFP affiliate. You can find the text of these resolutions on the [RHAP website](#).

## New Resources

RHAP has revised and updated three presentations that are available to you (and can be edited by you to be adapted for your settings):

**Patient Centered Contraception** -This presentation provides clinicians with an updated, evidence-based look at contraception. It addresses the "quick-start" method for starting hormonal contraception, expanded eligibility for IUDs, and the 2010 WHO recommendations regarding medical eligibility for contraceptives. The presentation emphasizes counseling techniques and office re-engineering strategies that improve patient satisfaction and contraceptive adherence. This presentation is also available at the Family Medicine Digital Resource Library: [www.fmdrl.org](http://www.fmdrl.org)

**The New 21<sup>st</sup> Century Well-Woman Exam** - Given multiple competing priorities, how do we decide what a check-up entails? This presentation engages participants in a productive conversation about the best possible uses of the well-woman exam and reviews the USPTF, AAFP, ACS, and ACOG screening guidelines for well-woman visits.

**Medication Abortion in Early Pregnancy** - This presentation reviews the use of mifepristone and misoprostol for medication (non-surgical) abortion.

Please contact [Susan Yanow](#) for more information.