

# Permanent Birth Control (Sterilization)

## Tubal Methods (“tubal” or “tubes tied”)

These methods block or cut the Fallopian tubes so that eggs cannot meet sperm. There are a few ways that clinicians can do this.

## Vasectomy

This method prevents sperm from leaving the testes.

<b>How does it work?</b>	A clinician reaches the tubes through your belly. Then bands or clips are put on the tubes, or a piece of each tube is removed.	This method works by snipping the cord in the scrotum that holds sperm.
<b>How well will it work?</b>	98%, varies with method	>99%
<b>How much does it cost?</b>	Covered by most insurance plans and Medicaid (if over age 21).  If not covered, costs \$1,500 to \$6,000.	Covered by most insurance plans and Medicaid; NOT covered by Medicare.  If not covered, costs \$350 to \$1,000.
<b>Things to Know</b>	<p>These methods are permanent and highly effective in preventing pregnancy.</p> <p>Some methods can be done right after giving birth.</p> <p>Works right away.</p> <p>Does not protect against HIV and other sexually transmitted infections (STIs).</p> <p>Do not use these methods if you cannot use general anesthesia or have certain diseases of the reproductive organs.</p> <p>Reversal is difficult.</p> <p>The procedure must be done in a hospital operating room.</p> <p>Risks include infection, bleeding, pain, and reactions to general anesthesia.</p> <p>Rarely, pregnancy may occur. If it does, there is a 30% chance it will be ectopic (outside the uterus).</p> <p>Post-procedure pain may occur and you may need a day or two to recover.</p>	<p>These methods are permanent and highly effective in preventing pregnancy.</p> <p>It is more effective and cheaper than tubal procedures.</p> <p>Can be done in the clinician’s office.</p> <p>No general anesthesia needed.</p> <p>Does not protect against HIV and other sexually transmitted infections.</p> <p>Do not use this method if you have a current infection in your penis, prostate, or scrotum (such as an STI).</p> <p>Reversal is difficult.</p> <p>Risks include infection, pain, and bleeding.</p> <p>It takes up to 3 months to work. Use a back-up method until a semen test shows no sperm.</p> <p>Post-procedure pain may occur and you may need a day or two to recover.</p>