

## Endometrial Biopsy Equipment and Supply List

- Speculum
- Tenaculum
- Formalin in specimen cup
- Patient Labels
- Uterine sound
- Uterine Pipelle (Endocell Sampler)
- Sterile gauze (e.g. 4 x 4s)
- Large cotton swabs
- Betadine or chlorhexidine

### **Consider a paracervical block:**

- Anesthetic (e.g. 10-20 mL of 1% lidocaine; optional sodium bicarbonate and/or epinephrine)
- 18g needle to draw up medication
- 22g 1 1/2" or longer needle to attach to syringe
- 10 mL syringes

## Implant Insertion Equipment and Supply List

- Implant (Nexplanon) device
- Marking pen
- Tape measure (plastic ruler preferred)
- Alcohol pads
- Betadine or chlorhexadine
- 5 mL syringe
- 1-2% lidocaine (with Epi + 0.5mL 8.4% Sodium Bicarbonate optional)
- 18 g to draw up medication
- 23-25g 1 ½ needle to attach to syringe
- Sterile or clean gauze (e.g. 4 x 4s)
- Gauze roll for pressure dressing
- Tape
- Scissors
- Steri-strips or band aid

## Implant Removal Equipment and Supply List

- 1 or 3 mL syringe
- 18 g to draw up medication
- 23-30g needle to attach to syringe
- 2 mL 1 or 2% lidocaine (with Epi + 0.5mL 8.4% Sodium Bicarbonate optional)
- 11 blade scalpel
- Two small hemostats (if deep or not employing pop-out technique)
- Sterile gauze (e.g. 4 x 4 s)
- Gauze roll for pressure dressing
- Tape
- Scissors
- Steri-Strips or band aid
- Sterile gloves

## Intrauterine Device (IUD) Insertion Equipment and Supplies List

### IUD (Paragard, Liletta, Mirena, Kyleena, or Skyla):

- Speculum
- Tenaculum
- Scissors
- Ringed forceps
- Sterile or clean gauze (e.g. 4 x 4s)
- Uterine Sound
- Dilator and/or Os finders
- Large cotton swabs
- Betadine or chlorhexidine
- Monsel's solution or silver nitrate sticks (optional)

### Consider a paracervical block:

- Anesthetic (e.g. 10-20 mL of 1% lidocaine; optional to dilute with NaCL or add sodium bicarbonate or epinephrine)
- 18g needle to draw up medication
- 22g 1 1/2" or longer needle to attach to syringe
- 10 mL syringes

## Intrauterine Device (IUD) Removal Equipment and Supplies List

### IUD Removal (simple)

- Speculum
- Ringed forceps
- Large cotton swabs

### IUD Removal Complex (sterile)

- Speculum
- Tenaculum
- Ringed forceps
- Sterile 4 x 4's
- Cytobrush
- Alligator forceps or IUD hook

### Consider a paracervical block:

- Anesthetic (e.g. 10-20 mL of 1% lidocaine; optional to dilute with NaCl or add sodium bicarbonate or epinephrine)
- 18g needle to draw up medication
- 22g 1 1/2" or longer needle to attach to syringe
- 10 mL syringes

## Manual Vacuum Aspiration (MVA) Equipment and Supplies List

- Speculum
- Tenaculum
- Ringed forceps
- Scissors
- Sterile gauze (e.g. 4 X 4's)
- Betadine or chlorhexidine
- Anesthetic (e.g. 10-20 mL of 1% lidocaine; optional to dilute with NaCl or add sodium bicarbonate or epinephrine)
- 18g needle to draw up medication
- 22g 1 ½" or longer needle to attach to syringe
- 10 mL syringes
- Manual or electric vacuum aspirator
- Dilators
- Cannulae (multiple sizes above and below gestational age)
- Tubing (if using electric vacuum aspirator)
- Strainer
- Pyrex dish
- Light box

### **Where to find MVA supplies:**

- Women Care Global  
<http://www.womancareglobal.org/our-products/pregnancy-managment/aspirators/>
- HPSRx  
<http://www.hpsrx.com/mva-products.html>

## No Scalpel Vasectomy (NSV) Equipment and Supplies List

### Sterile Instruments:

- Ringed clamp (3.5mm ok, cantilevered) [we suggest two for new clinicians]
- Dissecting forceps (Surgical Hemostat). Set of 1 VE-1 Li Brand™ Ringed Forceps and 1 VE-2 Surgical Hemostat
- Iris/straight scissors (optional as could use cautery tip to hemitransect vas)- 4.5", straight
- Cautery unit and sterile/sterilizable tips
- Surgical clip applicator- medium size, 6" long, curved tip.
- Fine tissue forceps or mosquito clamp- Halstead Surgical Clamp or Adson-like, small (~4.5")
- Sterile gloves (6 ½ non-latex)
- Sterile fenestrated drapes
- Sterile gauze

### Also:

- Scissors/razor for clipping scrotal hair that would interfere with the procedure
- Antiseptic agents for the surgical scrub
- Antiseptic solution for cleaning the operative area
- 5-cc syringe with a 1 inch 30 gauge needle (or Madajet)
- 1% or 2% lidocaine without epinephrine
- Supplies for vasal occlusion (cautery unit with sterilized tip; surgical clips, hemoclip applicator)
- Adhesive tape or Band-Aid for dressing the wound