



### Patient-Centered Contraception **PRE-TEST**

- 1) Which of the following is true about the rates of unplanned pregnancy in the United States?
  - a. Most (>75%) of all pregnancies in the US are planned
  - b. Almost half (45%) of pregnancies in the US are unplanned
  - c. About a quarter of pregnancies in the US are unplanned
  
- 2) True or false, the majority of women who have an unplanned pregnancy have been on some form of contraception in the past month?
  - a. True
  - b. False
  
- 3) MEC is an abbreviation for:
  - a. Medication Emergency Contraception- any form of medication that can be used for emergency contraception
  - b. Myocardial evaluation course- a test that patients with heart disease need to pass in order to receive contraception
  - c. Medical Eligibility Criteria – A resource produced by the CDC to determine safety of contraception use based on differing co-morbidities
  
- 4) True or false, many antibiotics can decrease the efficacy of oral contraceptives:
  - a. True
  - b. False
  
- 5) Which method of emergency contraception is the most effective at preventing pregnancy?
  - a. Ulipristal acetate (Ella)
  - b. Levonorgestrel (Plan B)
  - c. Copper IUD (Paragard)
  
- 6) What is needed for a patient before providing ANY method of contraception
  - a. Medical history only
  - b. Medical history and blood pressure
  - c. Medical history, blood pressure, pelvic exam +/- pap smear, STI testing
  - d. Medical history, blood pressure, pelvic exam +/- pap smear, STI testing, hemoglobin
  
- 7) True or false, Depo-provera injections should not be given to teens for long periods of time due to risk of osteoporosis
  - a. True
  - b. False

- 8) A patient would like an IUD, circle any contraindications for IUD placement
- a. Nulliparity
  - b. Not currently pregnant
  - c. Prior history of ectopic pregnancy
  - d. History of chlamydia
  - e. Unexplained vaginal bleeding



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