

IUD Insertion Set-up Requirements

The SBHC will need the following items to implement IUD insertions into clinic services:

1. IUD (Mirena, Paragard and Skyla)
2. Insertion instruments (the number of sets will depend on the number of insertions that will be made available and if sterilization procedures occur onsite or offsite)
 - a. 6 sets of sterile instruments required for 2-3 insertions per week, assuming autoclave is off-site. Each set should include the following items:
 - i. One tenaculum
 - ii. One small Graves speculum
 - iii. One pair of long, curved scissors
 - iv. One sponge forceps
 - v. Uterine sound (disposable or reusable)
 - vi. Betadine swabs (or betadine and sterile 4x4's)
3. Sterile Gloves
4. Chux and sterile drapes (one chux for the instrument tray and one for the exam table)
5. Sanitary napkins for the patient post-procedure
6. If autoclaving on site: autoclaving bags, indicator strips, and autoclave tape
7. External light source (such as a free-standing gooseneck lamp)

Required Equipment

Durable Medical Equipment and General Supplies	Reusable Sterile Instruments	Disposable Supplies	Pharmaceutical Agents	Documentation Aids
Autoclave	Graves speculum, medium	Scopettes	Acetaminophen 1000 mg	Consent forms
Instrument carts	(large should also be available)	Betadine	Ibuprofen 400- 600 mg	Patient education
Mayo stand	IUD Insertion Tray:	Sterile towels	Intrauterine Device	Procedure note
Basins	Tenaculum	Sterile gloves		(paper or electronic)
Autoclave tape	Ring forceps	Sterile gauze		
Plastic bags	Uterine sound	Sterile napkins		
Chux	(may also use sterile disposable)			