**Implant Insertion Equipment and Supply List**

* Implant (Nexplanon) device
* Marking pen
* Tape measure (plastic ruler preferred)
* Alcohol pads
* Betadine or chlorhexadine
* 5 mL syringe
* 1-2% lidocaine (with Epi + 0.5mL 8.4% Sodium Bicarbonate optional)
* 18 g to draw up medication
* 23-25g 1 ½ needle to attach to syringe
* Sterile or clean gauze (e.g. 4 x 4s)
* Gauze roll for pressure dressing
* Tape
* Scissors
* Steri-strips or band aid

**Implant Removal Equipment and Supply List**

* 1 or 3 mL syringe
* 18 g to draw up medication
* 23-30g needle to attach to syringe
* 2 mL 1 or 2% lidocaine (with Epi + 0.5mL 8.4% Sodium Bicarbonate optional)
* 11 blade scalpel
* Two small hemostats (if deep or not employing pop-out technique)
* Sterile gauze (e.g. 4 x 4 s)
* Gauze roll for pressure dressing
* Tape
* Scissors
* Steri-Strips or band aid
* Sterile gloves