**Intrauterine Device (IUD) Insertion Equipment and Supplies List**

**IUD (Paragard, Liletta, Mirena, Kyleena, or Skyla):**

* Speculum
* Tenaculum
* Scissors
* Ringed forceps
* Sterile or clean gauze (e.g. 4 x 4s)
* Uterine Sound
* Dilator and/or Os finders
* Large cotton swabs
* Betadine or chlorhexidine
* Monsel’s solution or silver nitrate sticks (optional)

**Consider a paracervical block:**

* Anesthetic (e.g. 10-20 mL of 1% lidocaine; optional to dilute with NaCL or add sodium bicarbonate or epinephrine)
* 18g needle to draw up medication
* 22g 1 ½” or longer needle to attach to syringe
* 10 mL syringes

**Intrauterine Device (IUD) Removal Equipment and Supplies List**

IUD Removal (simple)

* Speculum
* Ringed forceps
* Large cotton swabs

IUD Removal Complex (sterile)

* Speculum
* Tenaculum
* Ringed forceps
* Sterile 4 x 4’s
* Cytobrush
* Alligator forceps or IUD hook

Consider a paracervical block:

* Anesthetic (e.g. 10-20 mL of 1% lidocaine; optional to dilute with NaCL or add sodium bicarbonate or epinephrine)
* 18g needle to draw up medication
* 22g 1 ½” or longer needle to attach to syringe
* 10 mL syringes