Intra-Uterine Device (IUD) Insertion Equipment List

IUD (Paragard, Liletta, Mirena, or Skyla)

Sterile Instruments:
Small speculum
Tenaculum
Scissors
Ringed forceps
Needle extender
Metal cup
4 x 4’s

Also:
• Uterine Sound-Dilator
• OR Os finders - disposable (size I, II, and III) and disposable uterine sound
• One 10 mL syringe of combined: OR One 10 mL syringe of combined:
  o 2.5 mL of 1 % Lidocaine 2.5 mL of 0.25% Marcaine
  o 2.5 mL of 0.9% Bacteriostatic NaCl 2.5 mL of 0.9% Bacteriostatic NaCl
  o 0.5 mL of 8.4% Sodium Bicarbonate
• 18 g needle to draw up medication
• 22 g 1 ½ to attach to syringe
Intra-Uterine Device (IUD) Removal Equipment List

**IUD Removal (simple)**
- Small speculum (plastic)
- Ringed forceps
- Large OB swabs (large cotton swabs)
- Contraceptive options handout if desired

**IUD Removal Complex (sterile)**
- Small sterile speculum
- Tenaculum
- Ringed forceps
- Sterile 4 x 4’s
- Alligator forceps and IUD hook
- 10 mL syringe of combined: OR 10 mL syringe of combined:
  - 5 mL of 1% Lidocaine
  - 5 mL of 0.25% Marcaine
  - 5 mL of 0.9% Bacteriostatic NaCl
  - 5 mL of 0.9% Bacteriostatic NaCl
  - 0.5 mL 8.4% Sodium Bicarbonate
- 18 g needle to draw up medication
- 22g 1 ½ to attach to syringe