

## Intra-Uterine Device (IUD) Insertion Equipment List

IUD (Paragard, Liletta, Mirena, or Skyla)

### Sterile Instruments:

Small speculum

Tenaculum

Scissors

Ringed forceps

Needle extender

Metal cup

4 x 4's

### Also:

- Uterine Sound-Dilator
- **OR** Os finders- disposable (size I, II, and III) and disposable uterine sound
- **One** 10 mL syringe of combined:                   **OR**   **One** 10 mL syringe of combined:
  - 2.5 mL of 1 % Lidocaine   2.5 mL of 0.25% Marcaine
  - 2.5 mL of 0.9% Bacteriostatic NaCl                           2.5 mL of 0.9% Bacteriostatic NaCl
  - 0.5 mL of 8.4% Sodium Bicarbonate
- 18 g needle to draw up medication
- 22 g 1 ½ to attach to syringe

## Intra-Uterine Device (IUD) Removal Equipment List

### IUD Removal (simple)

- Small speculum (plastic)
- Ringed forceps
- Large OB swabs (large cotton swabs)
- Contraceptive options handout if desired

### IUD Removal Complex (sterile)

- Small sterile speculum
  - Tenaculum
  - Ringed forceps
  - Sterile 4 x 4's
  - Alligator forceps and IUD hook
  - 10 mL syringe of combined:  
combined:
    - 5 mL of 1 % Lidocaine  
Marcaine
    - 5 mL of 0.9% Bacteriostatic NaCl  
Bacteriostatic NaCl
    - 0.5 mL 8.4% Sodium Bicarbonate
  - 18 g needle to draw up medication
  - 22g 1 ½ to attach to syringe
- OR 10 mL syringe of  
5 mL of 0.25%  
5 mL of 0.9%