LARC Training COMPREHENSIVE PERFORMANCE ASSESSMENT

**Clinician/Trainee**:

**Organization:**

**Observers/Trainers:**

**Training Dates:**

|  |  |  |  |
| --- | --- | --- | --- |
|  | **Copper IUD** | **Progestin IUD** | **Progestin implant** |
| **# inserted** |  |  |  |
| **# removed** |  |  |

**Beginner:** needs close observation/monitoring and supervision; has limited fund of knowledge or significant

**Developing Competence:** developing independent thinking and needs intermittent assistance/supervision; knows limitations & seeks guidance when needed; demonstrates improving fund of knowledge with some gaps

**Competent:** Independent; need for assistance & direct supervision is occasional; knows limitations & seeks guidance when needed; asks appropriate questions; demonstrates solid fund of knowledge with rare gaps

|  |  |  |  |
| --- | --- | --- | --- |
|  | **Beginner**  | **Developing competence** | **Competent**  |
| **A: Medical Knowledge** |  |  |  |
| Reports relevant history | **▢** | **▢** |  **▢** |
| Describe differences between 2 IUDs and implant | **▢** | **▢** |  **▢** |
| Identifies contraindications to LARC based on CDC MEC | **▢** | **▢** |  **▢** |
| Describes the usual process of an IUD and implant insertion | **▢** | **▢** |  **▢** |
| Knows use of screening laboratory tests relevant to IUD and implant insertion (optional vs. required) | **▢** | **▢** |  **▢** |
| Gives patient anticipatory guidance | **▢** | **▢** |  **▢** |
| **B. Interpersonal and communication skills** |  |  |  |
| Asks and answers questions in a patient-centered manner (one that is free of personal judgments and is focused on meeting the patient’s expressed needs) | **▢** | **▢** |  **▢** |
| Facilitates patient decision for a specific LARC based on elements of patient history and preference | **▢** | **▢** |  **▢** |
| **C. Patient care/skills IUD Insertion: General**  |  |  |  |
| Accurately estimates uterine position from bimanual examination | **▢** |  **▢** | **▢** |
| Inserts speculum appropriately  | **▢** |  **▢** | **▢** |
| Maintains no touch technique | **▢** | **▢** |  **▢** |
| Demonstrates ability to sound uterus and identify appropriate size for IUD insertion | **▢** | **▢** |  **▢** |
| **D. Patient care/skills IUD Insertion: Copper T IUD Specific** |  |  |  |
| Appropriately loads Cu-T IUD into insertion device | **▢** | **▢** |  **▢** |
| Appropriately inserts Cu-T IUD (note in comment section any area that needs improvement) | **▢** | **▢** |  **▢** |
| **E. Patient care/skills IUD Insertion: Levonorgestrel-IUD Specific** |  |  |  |
| Appropriately loads LNG IUD into insertion device | **▢** |  **▢** | **▢** |
|  | **Beginner**  | **Developing competence** | **Competent**  |
| Appropriately inserts LNG IUD (note in comment section any area that needs improvement) | **▢** | **▢** |  **▢** |
| **F. Patient care/skills Implant Insertion** |  |  |  |
| Knows of all needed supplies prior to beginning procedure | **▢** | **▢** |  **▢** |
| Correctly marks insertion site | **▢** | **▢** |  **▢** |
| Maintains sterile technique | **▢** | **▢** |  **▢** |
| Appropriately anesthetizes the insertion site | **▢** | **▢** |  **▢** |
| Correctly inserts device at 30-degree angle | **▢** | **▢** |  **▢** |
| Correctly moves applicator to the horizontal plane and inserts needle to its full length subdermally | **▢** | **▢** |  **▢** |
| Holds applicator in position and moves slider all the way down | **▢** | **▢** |  **▢** |
| Correctly verifies presence of implant and has patient do the same  | **▢** | **▢** |  **▢** |
| Applies pressure bandage and sterile gauze and instructs patient on removal times | **▢** | **▢** |  **▢** |
| **G. Patient care/skills IUD Removal** |  |  |  |
| Able to locate strings & removes IUD | **▢** | **▢** |  **▢** |
| **H. Patient care/skills Implant Removal** |
| Gathers all needed supplies prior to beginning procedure | **▢** | **▢** | **▢** |
| Appropriately identifies where, at distal tip of implant, to make incision  | **▢** | **▢** | **▢** |
| Correctly injects local anesthetic under the distal tip of the implant | **▢** | **▢** | **▢** |
| Pushes down on the proximal end to elevate the distal tip and accurately makes incision over the distal tip | **▢** | **▢** | **▢** |
| Uses pop-out technique to remove entire device  | **▢** | **▢** | **▢** |
| Applies sterile gauze and pressure bandage | **▢** | **▢** | **▢** |
| **SUMMATIVE SKILL ASSESSMENT. Trainee is ready to……...** | **NO** | **YES, WITH SUPPORT** | **YES SOLO** |
| **Insert IUDs** | **▢** | **▢** | **▢** |
| **Remove IUDs** | **▢** | **▢** | **▢** |
| **Insert implants** | **▢** | **▢** | **▢** |
| **Remove implants** | **▢** | **▢** | **▢** |

**(Insert if additional training and/or observation is recommended)**

Based on this assessment, we recommend that following for this clinician (check all that apply):

 ▢ \_\_\_\_ additional training session(s) at the Institute for Family Health

 ▢ onsite observation of # of \_\_\_\_\_\_\_\_until they demonstrate competency in \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.

**Additional comments:**

**SIGNATURE OF OBSERVER: DATE:**