

## **Resolution No. 3011**

## 2018 National Conference of Constituency Leaders — Sheraton Kansas City Hotel at Crown Center

1 Shackles on Women During Active Labor and Immediate Postpartum 2 3 Submitted by: Jewell Carr, MD, New Physician 4 Talia Aron, MD, Women 5 Sandra Hughes, MD, Women 6 Nichole Johnson, MD, LGBT 7 8 WHEREAS, Incarcerated individuals who are pregnant are frequently shackled throughout their 9 pregnancy, including during labor, delivery, and the immediate postpartum period, and 10 WHEREAS, the use of shackles during labor and immediate postpartum care interferes with the 11 ability of health care providers to safely care for the patient and fetus, which can lead to delays in 12 13 appropriate evaluation and subsequent administration of potentially life saving measures and 14 WHEREAS, in the United States approximately 64% of women in prison have been convicted of 15 16 non-violent crime, and 17 18 WHEREAS, no escape attempts have been reported among pregnant incarcerated women who 19 were not shackled, and 20 21 WHEREAS, ambulation during active labor and delivery improves pain management in labor and 22 increases the likelihood of having a vaginal delivery, and 23 24 WHEREAS, the ability for people to move or be moved during active labor and delivery is essential 25 to the proper management of many obstetrical emergencies as outlined in the American Academy 26 of Family Physicians, Advanced Life Support in Obstetrics curriculum, and 27 28 WHEREAS, skin-to-skin contact is the standard of care for healthy newborns in the newborn period 29 to optimize the infant's health during the neonatal transition, facilitate bonding, and decrease pain 30 during neonatal procedures, and 31 32 WHEREAS, pregnant and postpartum individuals are at increased risk of venous 33 thromboembolism, a major cause of maternal mortality in the United States, and 34 35 WHEREAS, limited mobility further increases risk of venous thromboembolism, and 36 37 WHEREAS, both the American Medical Association and American College of Obstetricians and Gynecologists have policies opposing the shackling of immediate postpartum patients and 38 individuals in active labor, and 39 40 41 WHEREAS, the safety of medical staff is of utmost importance and must be ensured with adequate 42 correctional staff and use of restraints only in situations when there is risk of imminent harm, and 43

- WHEREAS, federal courts have ruled that shackling during active labor violates the 8th Amendment to the United States Constitution, now, therefore, be it 44
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- RESOLVED, That the American Academy of Family Physicians oppose the shackling of 47
- incarcerated people who are in active labor and during the postpartum period, considered to be six 48
- to eight weeks after delivery, with proper safety protections for the healthcare team. 49