

# Early Pregnancy Loss Management Workshop

## Facilitator's Guide

### Overview

This presentation is designed to be both didactic and interactive. Use the slide deck provided to guide participants through the content and conversations. The notes within the slide deck contain the content of this workshop. There are three additional case studies to use with participants, including a facilitator's guide and participant guide. The workshop should take up to two hours to complete. If you are interested in providing CE credit for this workshop, please reach out to [info@reproductiveaccess.org](mailto:info@reproductiveaccess.org).

### Workshop Pre and Post Tests

Please begin the presentation by directing participants to the short online pre-test at the beginning of the presentation. Before participants leave, please have them complete the online post-test. Both are required for continuing education credits for participation in the workshop. Links to pre and posttest are on the facilitator's website.

### Handouts

Please make sure participants have a copy of the Case Studies Learner's Guide, the [EPL Treatment Options](#) sheet, [Medication Treatment and Aftercare](#) sheet, [Expectant Management](#) sheet, and [MVA Procedure](#) sheet.

### Slide Deck

#### Workshop Learning Objectives

1. Conduct a history and physical exam for first trimester bleeding to help distinguish normal from abnormal pregnancies.
2. Interpret ultrasound and labs results to diagnose early pregnancy loss (EPL).
3. Describe the three options for management of EPL:
  - a. Expectant management
  - b. Medical management
  - c. Surgical management

#### Terminology & Background Data

Slides 3-4 goes over the terminology surrounding EPL. Slide 5 provides some background data on EPL broadly.

#### Signs, Symptoms, and Diagnosis

Slides 6-10 go over the signs and symptoms of EPL, the 1<sup>st</sup> Trimester Bleeding Algorithm, Algorithm for Diagnosis of Pregnancy of Unknown Location, and diagnosis with ultrasound findings.

On Slides 7 & 8, refer participants to the algorithms in their Case Studies Learner's Guide, Appendix A.

#### Introducing Case Study: Jennifer

On slide 11, you will introduce outpatient management of EPL and counseling of all three options: expectant management, medication management, and procedures.

Slide 12, introduce patient case study with Jennifer.

Slides 13-15 explores diagnosis.

Slide 16 discusses how to counsel Jennifer and address concerns or myths.

### **Expectant Management**

Slides 17-20 cover expectant management of EPL.

### **Medication Management**

Slides 21-29 cover medication management of EPL, with a focus on using mifepristone and misoprostol.

### **Manual Vacuum Aspiration (MVA)**

Slides 30-32 cover in office MVA procedures.

### **Additional Case Studies**

After slide 32, this would be a good time to apply the information covered so far by working through the additional case studies with participants. Use the Facilitator's and Learner's Guides to work through the case studies. There are four different cases – if you have time you can work through all four or pick the cases you'd like to focus on.

### **Resources & Closing**

Slide 33, review the key learning points.

Slide 34, refer to the RHAP EPL resources which are available on our website. This would be a good time to answer any lingering questions.

Slide 35, lists references.

Once the presentation has come to a close, please make sure to have participants complete the workshop post-test.