Telehealth Care for Medication Abortion Workflow

1. **Patient is pregnant (confirmed on home pregnancy test)**
   - Complete options counseling over phone or video chat

2. **Assess for Contraindications**
   - IUD in place (can be self-removed and then proceed with MAB)
   - Allergy to prostaglandins or mifepristone
   - Chronic adrenal failure
   - Long-term systemic corticosteroid therapy
   - Hemorrhagic disorders
   - Concurrent anticoagulant therapy

3. **No Contraindications present**
   - Assess risk for ectopic:
     - History of previous ectopic pregnancy
     - Vaginal bleeding since LMP
     - Adnexal mass or pain
     - IUD in place
     - History of tubal surgery
     - History of treatment for PID

4. **Obtain verbal consent (unless written consent required by your state)**
   - Answer to any is **YES**, proceed to ultrasound
   - **No ectopic risk factors**

5. **Assess gestational age (GA):**
   - LMP > 77 days
   - Uncertain LMP

6. **Certain LMP <77 days.**
   - Use LMP to estimate GA. Ultrasound not required.

7. **Can consider testing for Rh status if status is unknown. If GA < 11 weeks or Rh positive at any GA, no need for Rh typing or Rh immunoglobulin.**

8. **Dispense medication either via mail or in-person pick up.**
   - Mifepristone 200 mg tablet: To be swallowed orally at <11 weeks GA
   - Misoprostol 200 mcg tablets x4
     - **Buccal:** Use 24-48 hours post-mifepristone
     - **Vaginal:** Use 6-72 hours post-mifepristone
     - **Sublingual:** Use 24 hours post-mifepristone
   - Dispense additional 4 misoprostol tablets to be used 4 hours after first dose 63-77 days GA
   - Include home urine pregnancy test to be used for follow up.

9. **Clinic calls patient 24 hours after patient uses misoprostol**
   - If bleeding/cramping as expected: Plan for home urine pregnancy test in 3-4 weeks
   - If patient is not experiencing bleeding/cramping as expected:
     - Urgent ultrasound if patient did not have an ultrasound pre-MAB showing an intrauterine pregnancy
     - Can repeat dose of misoprostol if pre-MAB ultrasound showed intrauterine pregnancy

Reproductive Health Access Project / June 2022
reproductiveaccess.org